

Expert Teams – Transplant

Case-Based Learning & Mentorship

Thursday, April 20, 2024

Facilitator: Julie Moss, ESRD National Coordinating Center



Meeting Logistics

- Call is being recorded
- Participants can unmute themselves
 - Please stay on mute unless you are speaking
 - Do not place the call on “hold”
- Everyone is encouraged to use the video and chat features
- Meeting materials will be posted to the ESRD NCC website.



Meeting Guidelines



INTRODUCE YOURSELF
BEFORE SPEAKING



KEEP PATIENT-SPECIFIC
INFORMATION
CONFIDENTIAL



BE WILLING TO SHARE
SUCCESSSES AND
DIFFICULTIES



BE OPEN TO FEEDBACK



ASK THE DIFFICULT
QUESTIONS



RESPECT OTHERS



USE “...AND” STATEMENTS



KEEP TO TIME LIMITS

Who Is On The Call?

Clinician and
Practitioner
Subject Matter
Experts

Dialysis Facility
and Transplant
Professionals

ESRD Network
Staff

Kidney Care
Trade Association
Members

Centers for
Medicare &
Medicaid Services
(CMS) Leadership

What are Expert Teams?



Participants from varying levels of organizational performance, each with lived experience and knowledge, come together to support continual learning and improvement



Help others learn faster by sharing what worked and what didn't work around a particular case, situation, or circumstance



Bring the best possible solutions to the table

Expert Team Call Objectives



Prepare for improvement using shared clinical cases



Test processes through the application of knowledge from the cases



Use inquiry-based learning to problem solve



Examine clinical reasoning, problem solving, and decision making through lived experience




Act as a consultancy for behavior change and improvement

What is Case Based Learning?


Describes an individual situation (case)



Identifies key issues around the problem, barrier, or missed opportunity



Analyzes the situation using relevant processes meant to mitigate the problem or situation



Recommends a course of action for the situation, including implementing PDSA cycles and process modifications

Transplant Goals

- Increase the number of patients added to the kidney transplant waiting list
- Increase the number of patients receiving a kidney transplant
- Develop education to increase choice of dialysis patients to receive a high KDPI kidney

Questions to Run On: How Might We ...

- Improve communication between transplant centers and dialysis facilities to ensure patient readiness for a kidney transplant?
- Identify and develop unique strategies to continue reduce socioeconomic barriers to kidney transplant?
- Improve patient understanding of what it means to be on the kidney transplant waitlist?

Guest Expert – A Patient Perspective

Timmy Nelson

Transplant Recipient

Patient Advocate

Provider Liaison for Kidney Transplant



Timmy's ESRD - Transplant Timeline

- Diagnosed January - 2013
- PCP discussions post diagnosis - February 2013
- Nephrologist discussion - April 2013
- Dialysis preparation - November 2013
- Waitlist appointment - April 2014
- Transplant - July 2017
- Post-transplant follow ups

My Patient/Provider Relationships

- Active participant with my healthcare plan.
- Healthcare instruction adherence.
- Health supporting diet.
- Physical activity per my ability.
- Share health concerns.
- Personal support system.
- “CEO” of Timmy’s Healthcare Network

Health Literacy – Active, Involved Role

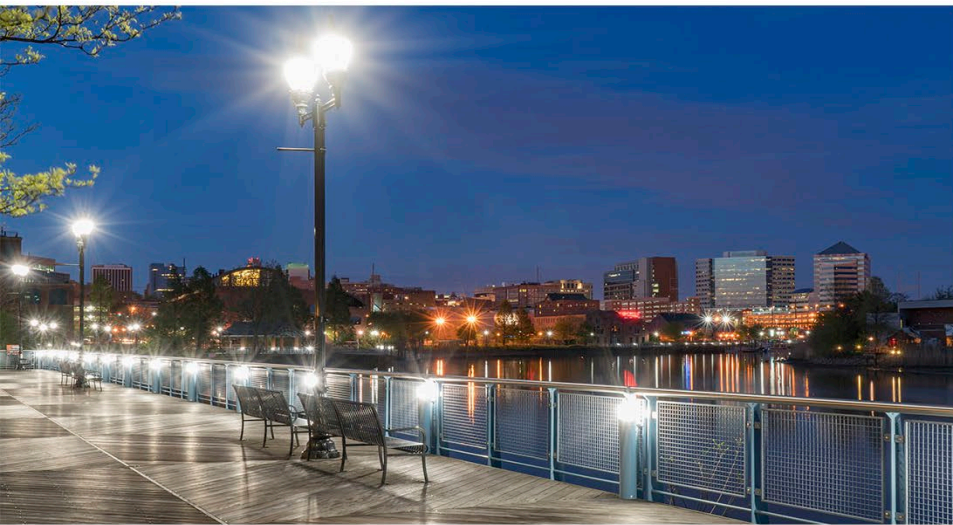
- I need to understand my role with my healthcare.
 - I ask to be taught with lay person terminology.
 - I share my desire to not only follow my care plan, but to also understand my care plan.
 - I communicate my health status with all medical providers.
 - I maintain and share a current list of all medical providers.
 - I maintain and share a current list of all medications.
- *I must be patient with myself knowing that my knowledge will increase as I seek to understand.

Questions and Answer Discussion

Case Study Presentation & Discussion

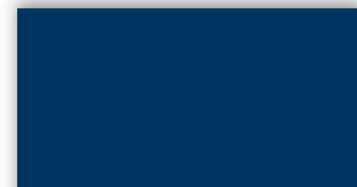
Lee Detwiler, LCSW
Renal Social Worker
Davita Abington





Best Practices to Assist Patients in Getting on the Kidney Transplant Waiting List and in Receiving a Transplant

April 20, 2023



Patient Video

<https://vimeo.com/476746623/bc1a42dca4>

Barriers/Mitigations

Barriers	Mitigations
<ul style="list-style-type: none">• Misconception• Do not think they will get a kidney• “Satisfied” with in-center hemodialysis• Patients refuse• Lack of education• Social Determinants of Health	<ul style="list-style-type: none">• Lead Influencer (social worker)• Committed to empowering patients to make informed choice• Persistent with patient education• Team effort• Think outside of the box• Advocate, advocate, advocate

Success Story

- 64 Y.O. African American female on dialysis for about 2 years
- Did not think she would get a kidney
- Zoom call with the patient and her church community
- A parishioner's daughter donated
- Paired kidney exchange
- Patient is 18 months post transplant
- Both donor and recipient are doing well

Goodbye Dialysis, Hello Transplant Bulletin Board



Patient in right photo gave permission to use her photo. Other photos on bulletin board blurred to protect patient privacy.

Thank you

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Knowledge Into Action

Top Take-Aways



What is one thing you learned today that you could start doing immediately?



How will this action improve your current way of doing the practice/process?



Who is involved and how can they support the action to make it sustainable?

Recap & Next Steps

- Additional pathways for learning
 - Sharing Best Practices to a greater community through coalition meetings
 - Using Case Study examples to identify new ways of doing something and missed opportunities
- Next meeting – May 18, 2023 @ 2 pm ET

Visit the ESRD NCC website to find materials and share <https://esrdncc.org/en/professionals/expert-teams/>



Social Media



ESRD National Coordinating Center



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National Coordinating Center (NCC)



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Thank You

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