Health Equity Learning

Learning and Action Network (LAN)

January 23, 2024

Facilitator: Chiao Wen Lan and Emma Okamoto ESRD National Coordinating Center



Meeting Logistics



Call is being recorded



All participants are muted upon joining the call

We want to hear from you.

Type questions and comments in the "Chat" section, located in the bottom-right hand corner of your screen.



Meeting materials will be posted to the ESRD NCC website



Who Is on the Call?

Dialysis Facility and Transplant Professionals

ESRD Network Staff Centers for Medicare & Medicaid Services (CMS) Leadership

Patients and Families



Key Objectives for Today

NPFE-LAN Updates

Hear from experts from Networks 4, 5, 6 and 14

Discuss and share



Ways to Spread Best Practices from Today's LAN

- Listen and share your approaches/experiences via Chat
- Identify how shared information could be used at your facility
- Apply at least one idea from today's LAN at your facility
- Commit to sharing your learnings with other colleagues

Learning and Action Networks (LANs) bring people together around a shared idea, opportunity, or challenge to offer and request information and experiences to improve the identified topic of discussion.



Questions To Run On



What "ah ha" concept will I hear today that I can introduce to my organizations' leadership team?



How might organization use the change package to improve outcomes?



In what way can my organization adapt this approach to increase and sustain improved outcomes?



National Patient and Family Engagement Learning and Action Network (NPFE-LAN) Committee



Who We Are



Committee made up of ESRD NCC SMEs (subject matter experts)



Meet monthly in collaboration with OMH



Develop resources and spread health equity awareness



What Is **Person-First** Language?

Person-first language emphasizes the *person* and views the condition a person has as only one part of the whole person.

For example, *a person* with diabetes not a diabetic.



DRAFT



Contact Us

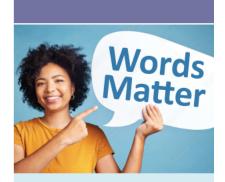
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This material was prepared by the End Stage Rena Disease National Coordinating Center (ESRD NCC) contractor under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents do not necessarily reflect CMS policy not imply endorsement by the U.S. Government FL-ESRD NCC-??????-?????????



The words we use can make a big difference in how someone feels. Being mindful of the words we use is the first step in changing the culture. Use this list to start a conversation around destigmatizing language with your friends, family, and care team.





Examples



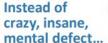




Examples

caretaker... Use careaiver or care partner.

Instead of



Use persons with a mental illness, or persons with a diagnosis of mental health disorder.

Instead of rural people...

Use residents of rural areas or persons who live in sparsely populated areas.



"You are not your diagnosis."













treatment...

Use the treatment was not effective in the patient or the patient did not respond to treatment.

Instead of homeless people...

Use persons who are unhoused, or persons

Instead of addicts/ drug abusers...

without an address.

Use persons with substance use disorder, persons who use drugs, or persons who returned to use.



Network 14: Alliant Health Solutions Texas

Rosa Abraha, MPH







The Essential Steps to Facility Health Equity Action Planning

Rosa Abraha, MPH



Rosa Abraha, MPH



Rosa Abraha, MPH
Health Equity Lead
Alliant Health Solutions
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Rosa leads Alliant Health Solution's first health equity strategic portfolio and embeds health equity in the core of Alliant's work.

Rosa has 10 years of experience in public health advisory for premier agencies, including the Centers for Disease Control and Prevention (CDC), the National Institutes of Health (NIH), and the Food and Drug Administration (FDA).

She holds a Master of Public Health in Health Policy and Management from Emory University.



Six Step Model for Health Equity Action Planning



Today's presentation will focus strictly on steps #1, #2 and #6!



Step #1: Facility IDT Engagement and Health Equity Team



MUC 2021-106 | Domain 5A

Our hospital senior leadership, including chief executives and the entire hospital board of trustees, annually reviews our strategic plan for achieving health equity.



Building Your Baseline Health Equity Team in a Dialysis Facility

You may not have a large facility or a large team so at minimum your facility health equity team could include the following key personnel:

- MSWs
- Administrative Assistant
- Nurses
- PCTs
- RDs
- Leadership/Management
- Hospital Staff Pertaining to the 5 CMS SDOH Domains:
 - o Food Insecurity: RD, RN, MSW, PCT
 - o **Transportation:** AA, MSW, RN, PCT
 - Homelessness: MSW, RD, RN, PCT, AA
 - Utility Difficulties: MSW, RD, RN
 - o Interpersonal Violence: MSW, PCT, RN, RD
 - All Domains: Language line interpretation services/personnel



Step #2: Data Collection - REaL and SDOH Patient Demographic Data



MUC 2021-106

Domain 2A

Our hospital collects demographic information, including self-reported race and ethnicity and/or social determinant of health information on the majority of our patients.

Domain 2B

Our hospital has training for staff in culturally sensitive collection of demographic and/or social determinant of health information.

Domain 2C

Our hospital <u>inputs demographic and/or social determinant of health information</u> collected from patients into structured, interoperable data elements using a certified EHR technology.



Data Collection: 5 Domains of SDOH Screening

1. Food Insecurity

Food insecurity is defined as limited or uncertain access to adequate quality and quantity of food at the household level.

2. Housing Instability

Housing instability encompasses multiple conditions ranging from the inability to pay rent or mortgage, frequent changes in residence including temporary stays with friends and relatives, living in crowded conditions, and actual lack of sheltered housing in which an individual does not have a personal residence.

3. Transportation Needs

Unmet transportation needs include limitations that impede transportation to destinations required for all aspects of daily living.

4. Utility Difficulties

Inconsistent availability of electricity, water, oil, and gas services is directly associated with housing instability and food insecurity.

5. Interpersonal Safety

Assessment for this domain includes screening for exposure to intimate partner violence, child abuse, and elder abuse.



CMS AHC HRSN - SDOH Screening Tool





AHC HRSN Screening Tool Core Questions

If someone chooses the underlined answers, they might have an unmet health-related social

Living Situation

- 1. What is your living situation today?3
 - □ I have a steady place to live
 - ☐ I have a place to live today, but I am worried about losing it in the future
 - I do not have a steady place to live (I am temporarily staying with others, in a hotel, in a shelter, living outside on the street, on a beach, in a car, abandoned building, bus or train station, or in a park)
- 2. Think about the place you live. Do you have problems with any of the following?4 CHOOSE ALL THAT APPLY
 - Pests such as bugs, ants, or mice
 - □ Mold
 - □ Lead paint or pipes
 - □ Lack of heat
 - Oven or stove not working
 - Smoke detectors missing or not working
 - □ Water leaks
 - None of the above

Food

Some people have made the following statements about their food situation. Please answer whether the statements were OFTEN, SOMETIMES, or NEVER true for you and your household in the last 12 months. 5

- 3. Within the past 12 months, you worried that your food would run out before you got money to buy more.
 - □ Often true
 - □ Sometimes true
 - □ Never true

- CMS and CMMI developed the Accountable Health Communities (AHC) Health-Related Social Needs (HRSN) Screening Tool.
- It is recommended to use this form and integrate the questions into your EHR as it contains 2 questions in each of the 5 core domains that CMS will be evaluating for both structural measures (SDOH-1 and SDOH-2).
- This is a great tool to embed into your record keeping systems and asking these on the front end of the patient experience will help you to address social barriers that impede a patient's consistent and sustainable dialysis care.



Evaluate Health Equity Data Collection in Your Dialysis Facility

What data do you already collect and how is it collected?

- Example: Race, Ethnicity and Language (REaL) Data is self-reported at registration
 - Suggested registrar training: (https://ifdhe.aha.org/hretdisparities/collecting-data-nuts-bolts)

What data do need to start collecting to meet CMS standards and how do you plan to do that?

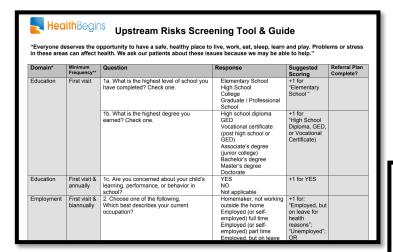
- Solidify a process for SDOH data collection and trigger consult to address issues that arise
 - Example: Interdisciplinary treatment facility staff (i.e., RD, RN, social worker etc.) would ask these questions and the system would immediately trigger a social worker consult if a patient screens positive for a SDOH to develop a plan of care to address that SDOH

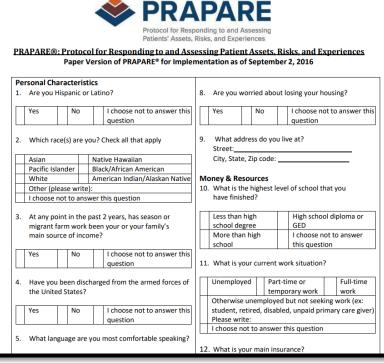
Information Systems:

• Does your EMR have a custom report built into it for collecting this data into a report? If not, please consider discussing this with leadership to built your health disparities reporting to show to CMS.



RESOURCES: Additional SDOH Screening Tools





MERICAN ACADEMY OF FAMILY PHYSICIANS	Social Needs Screening Tool
HOUSING 1. Are you worried or concerned that in the next two months you may not have stable housing that you own, rent, or stay in as a part of a household? Yes	CHILD CARE 7. Do problems getting child care make it difficult for you to work or study? Yes No
2. Think about the place you live. Do you have problems with any of the following? (check all that apply)? Bug infestation Mold Lead paint or pipes Inadequate heat Oven or stove not working No or not working smoke detectors	EMPLOYMENT 8. Do you have a job?s Yes No EDUCATION 9. Do you have a high school degree?s Yes
Water leaks None of the above FOOD 3. Within the past 12 months, you worried that your food would run out before you got money to buy more. ³ Often true Sometimes true Never true	FINANCES 10. How often does this describe you? I don't have enough money to pay my bills." Never Rarely Sometimes Often Always

NOTE: Facilities may use any self-reported screening tool, but it's recommended (not required) to use as many questions as possible from the CMS AHC health-related social needs screening tool. When you click on the image of each tool, you will see the link to take you to view it in full.



RESOURCES: Sample Scripting to Ask REAL and SOGI Questions in a Culturally Sensitive Manner

protected by law."

REAL Data Collection Script and Definition This document can be provided to staff during orientation or training on the collection of REAL data to ensure consistent screening and documentation are being collected across all points of registration. These are recommended script and suggested responses when screening patients. Recommended Script for Patient's Ethnicity, Race, and Language Screening "I would like you to tell me your race and ethnic background. We use this information to review the treatment patients received and make sure everyone gets the highest quality of care." · First, do you consider yourself Hispanic or Latino? (See ethnicity definition at end of document) No Declined Unknown/ Unavailable · Which category or categories best describe your race? (See race definitions at end of document) American Indian or Alaska Native Black or African American Native Hawaiian or Other Pacific Islander Declined Unknown Other Race What language do you feel most comfortable speaking with your doctor or nurse (patient's primary language)? Provide a list of options. Consider the community you serve, for example if your community is mostly Asian, provide a list of Asian languages (i.e., Mandarin, Hindi, Japanese, etc.) along with your commonly spoken language such as English and Spanish.

Ising OMB Race and Ethnicity Categorie	?s
our racial/ethnic background so that w	atients get the best care possible. We would like you to re can review the treatment that all patients receive and
ure that everyone gets the highest qua	lity of care."
Ethnicity Question	Race Question
Do you consider yourself Hispanic/Latino/Spanish?	Which category best describes your race?
□Yes	☐ American Indian/Alaska Native ☐ Asian
□ No	□ Asian □ Black or African American
□ Declined	☐ Native Hawaiian/Other Pacific Islander
☐ Unavailable/Unknown	☐ White
	☐ Some other race ☐ Declined
	☐ Unavailable/Unknown
our racial/ethnic background so that w ure that everyone gets the highest qua	-
background, fou can use specific terms	such as Korean, Mexican, Haillan, Soman, etc

Race, Ethnicity, and Language (REaL) Sexual Orientation and Gender Identity (SOGI) Data Collection Conversation PURPOSE: Collecting verbal self-reported REaL SOGI data from patients ensures your hospital has accurate information

that can be used to improve care for all patients.

REMINDERS:

- 1. Everyone comes to interactions with a set of ideas based on their own experiences over time, this is called implicit bias. Understanding your own bias helps you to connect more authentically with the person in front of you. Consider identifying any implicit bias that you may have by taking the Harvard Implicit Association Tests.
- ${f 2}$. It is recommended that you ask the SOGI questions first. This will ensure you are referring to the person by the correct pronoun.
- 3. It is recommended that you ask for ethnicity before race.
- 4. Language changes constantly. Consider reviewing and revising your script annually.
- **5.** Use the patient's name until their pronouns are discovered. Consider asking pronouns at the beginning of the conversation.
- 6. Your hospital may consider adding "other" or "unknown" as an option. This may run the risk of unclear data
- 7. If someone expresses discomfort, share the patient education document.



RESOURCES: Sample Scripting to Ask SDOH Questions in a Culturally Sensitive Manner



Scripting Examples for SDoH Screening

This tool is designed to support MDHHS SIM PCMH Initiative participants by providing opening conversation starters to begin Social Determinants of Health screening for PCMH practice staff to use in communication with patients. Please find a variety of scripting examples below.

Scripting Options

"At [insert PCMH name], we believe that basic needs influence a patient's overall health.
 We would like to begin to screen patients for different types of basic needs so that we could help connect them with resources to assist them with these needs. For some needs, we may not be able to connect you with resources to assist you with them, but we would like to identify community needs that we need to create resources to address as well.

We would appreciate it if you would answer the following questions. If you would prefer not to answer these questions, that is fine. We will keep all of the information that you share private, however, if you would like assistance with a need, we will need your permission to share this information with the community resource that can assist you with this need."

	SUNY Downstate Medical Center Department of Family Medicine SDOH Needs Assessment Phone Script Authors: Lucy Bickerton, Nicolle Siegart, Dr. Orlando Sola, Dr. Crystal Marquez March 2020			
	PHONE SCRIPT			
l	If you reach VOICEMAIL:			
	Hi (<i>insert name</i>), my name is, calling from Downstate University Hospital. We're a group of medical student volunteers that are reaching out to patients to see if there is anything we can help you with during the coronavirus pandemic. You don't need to call us back - we will try to reach you at this number at another time.			
ı	If you reach a PERSON:			
	Hi (<i>insert name</i>), my name is, calling from Downstate University Hospital. We're a group of medical student volunteers that are reaching out to patients to learn about how you're doing during the coronavirus pandemic. We're asking all of the clinic's patients the same questions so we have a better understanding of what you're going through and how we can help.			
ı	Do you have a few minutes to speak?			
ı	If no → I understand. is there a better time to call back?			
ı	If yes → Continue			
ı	I'm going to start off by asking you a few questions about yourself and your household so I have a better understanding of what your needs might be			
	Do you still live at (address from EMR)? What kind of residence (House/apartment/public housing/shelter/etc): How many other people live with you? What are their ages?			

Note: These scripts are downloadable by clicking on the picture.



Step #6: Health Equity Community Partnerships

• CMS HCHE	MUC 2021-106 Domain 4A Our hospital participates in local, regional, or national quality improvement activities focused on reducing health disparities.
• CMS HCHE	MUC 2021-106 Domain 1D Our hospital strategic plan describes our approach for engaging key stakeholders, such as community-based organizations.
TJC	Standard LD.04.03.08 Reducing healthcare disparities for the [organization's] [patients] is a quality and safety priority. EP 2 The [organization] assesses the [patient's] health-related social needs and provides information about community resources and support services.



A Culture of Health Equity: Key Clinical-Community Partnerships

Example Clinical Partners

- Nephrologists
- Nephrology Social Workers
- Registered Nurses
- Registered Dietitians
- Technicians
- Registration Staff

Example Community Partners

- United Way
- Area Agency On Aging
- Area Medicaid Reps
- Faith-Based Organizations
- Local Business (i.e., Barbershops, Grocery Stores)
- Local Employee Retiree Organizations
- Local Senior Centers
- Local Political Organizations
- Local Power Company
- Community Health Workers
- Local Transportation Agencies
- Housing Agencies
- Food Pantries/Shelters
- Literacy Volunteers
- Police and Fire Depts.
- Veterans Association
- Universities/Research Centers



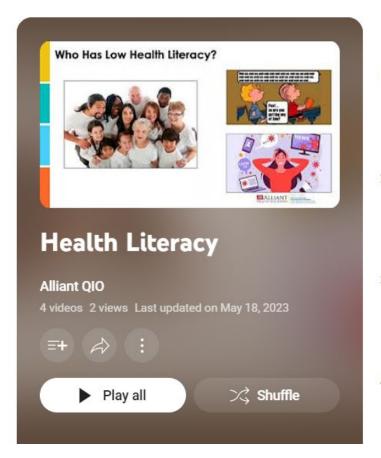
Developing Your Health Equity Community Partnerships List

- Best practice is to develop a community resource list and embed this tool intentionally into care planning when your patient screen positive for a SDOH.
 - Example to the right from Tift Regional Hospital in GA and you can see that their resource list clearly differentiates the type of resource labeled in categories by the 5 CMS SDOH Domains
- Ensure this tool is clearly labeled and consistently available at your nurses' station, as well as making sure your providers are trained on this tool.
- When developing your community resources lists clearly identify who are your trusted local, state and national partners. Does your EHR vendor already have a list you can pull from?

,	that offer support services to the public. To ensure . For additional information, please speak with a m	
TYPE OF COMMUNITY RESOURCE	NAME OF SERVICE PROVIDER	PHONE NU
Transportation:		
Transportation.	Hope EMS	229-396-4673
	Cook County Transit System	229-896-2266
	Regional Public Transit (formerly TiftLift)	1-855-360-7475
	Motivecare (formerly Logisticare)	1-888-224-7985
	Tift Lift	855-360-7475
	Turner Transit	229-567-3400
	Ben Hill Transit	229-246-7433
	Georgia Medicaid Net Program	888-224-7985
Food Resources:	See Bla medicala net Hobiani	000 224 7303
rood nesources.	Neighborhood Service Center/Soup Kitchen	229-382-6436, 22
	Leroy Rogers Senior Center	229-391-9299
	Food Bank	229-392-2688
	Salvation Army	229-386-1503
	Second Harvest Food Bank	1-888-453-4143
	Local churches	



Cultural and Linguistically Appropriate Services (Alliant Health Solutions CLAS Video Toolkit)





Health Literacy with Dr. Iris Feinberg, PhD, CHES

Alliant QIO · 116 views · 3 months ago



Bite-Sized Learning: Using Teach-Back

Alliant QIO • 26 views • 8 days ago



Bite-Sized Learning: CLAS 101

Alliant QIO • 37 views • 1 month ago



Bite-Sized Learning: CLAS Implementation

Alliant QIO • 38 views • 1 month ago

Source: Link

4099 McEwen Rd, Suite 820 Dallas, Texas 75244 Patient Toll Free number: 1-877-886-4435



Email: <u>nw14info@allianthealth.org</u>

Website: https://quality.allianthealth.org/nqiic/esrd/esrd-network-14/









Network 6: IPRO Georgia, North Carolina, and South Carolina

Andrea Collins, MSW





Network 6 Learning and Action Network Call

Andrea Collins, MSW January 23, 2024

This material was prepared by the IPRO ESRD Network Program, comprising the ESRD Networks of New York, New England, the South Atlantic and the Ohio River Valley, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. Views expressed in this material do not necessarily reflect the official views or policy of CMS or HHS, and any reference to a specific product or entity herein does not constitute endorsement of that product or entity by CMS or HHS. Publication #

Agenda



- Demographics
 - Network 6
 - Davita Mint Hill
- Intake and screening
- Identified barriers
- Intervention process and results

Demographics

Network 6

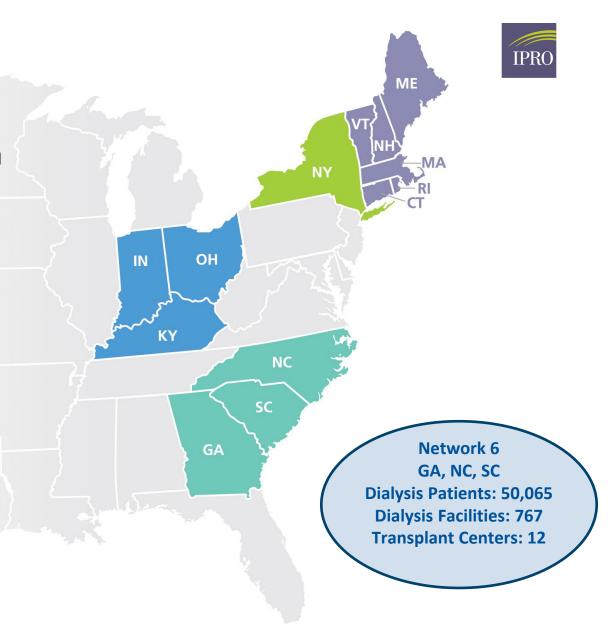
North Carolina, South Carolina, Georgia

- Patients: 50,065

- Dialysis facilities: 767

- Transplant centers: 12

- Davita Mint Hill
 - Charlotte, NC Urban area
 - Patients: 48



Intake/Screening Process



- Interdisciplinary team approach (AA, SW, RN, RD, etc.)
- Initial assessment
 - Individual barriers identified
 - Collaboration with current supports for the patient (caregivers).
 - Education on available resources provided- connecting patient to patient's chosen resources



Identified Barriers



- Transportation
- Food Insecurity
 - Options greatly depend on their natural resources- how can they access these resources? (Car, friend, family to prepare food).
- Housing
 - Setting realistic and honest expectations from the start about limitations in our community







Intervention Process and Positive Results

Transportation



- Community partner collaborations- Local Social Services, Special
 Transportation services through city buses, Insurance provided rides
- Team approach Empowering dialysis teammates to know how to reach transportation resources
- Education opportunity- Ensuring patients know their options and how to work with the limitations of their resources
- Patient empowerment
 - Improved compliance to dialysis treatment
 - Become invested in their own health
 - Gained new skills and independence



Thank you!



End-Stage Renal Disease Network Program

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This material was prepared by the IPRO ESRD Network Program, comprising the ESRD Networks of New York, New England, the South Atlantic and the Ohio River Valley, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. Views expressed in this material do not necessarily reflect the official views or policy of CMS or HHS, and any reference to a specific product or entity herein does not constitute endorsement of that product or entity by CMS or HHS. Publication #

Network 4: Quality Insights Delaware and Pennsylvania

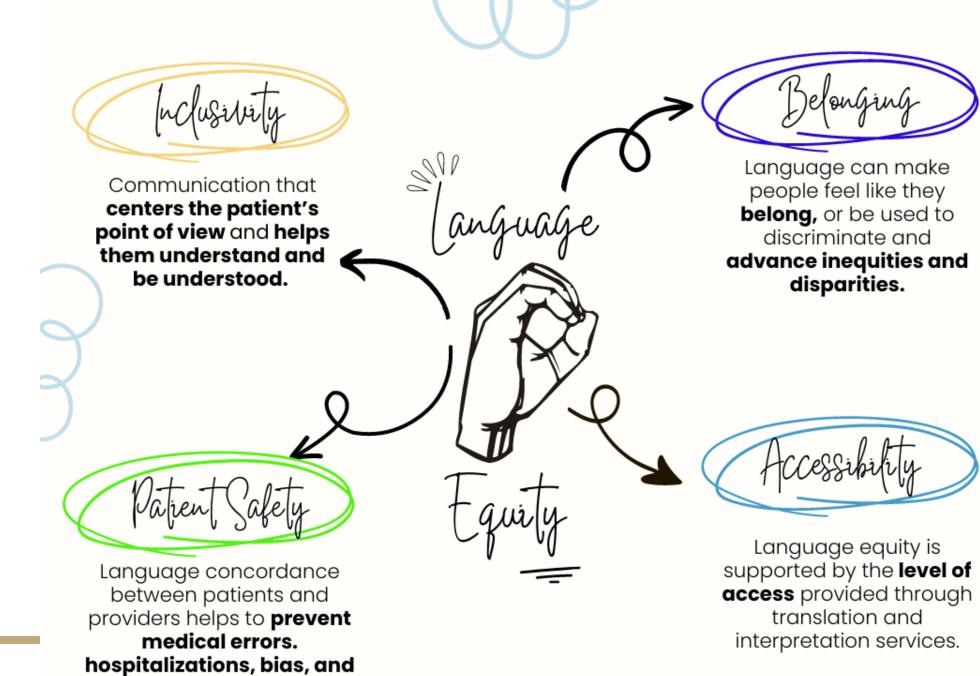




Language Equity at DaVita Warren

Health Equity Learning and Action Network





low treatment adherence.



DaVita Warren

Language Equity Champion

- Identified and scaled a method of communication to <u>effectively communicate</u> with a patient who is deaf and blind
- Patient is fluent in American Sign Language (ASL); 2 DaVita
 Warren staff able to communicate in sign language
- Facility Social Worker used the ASL alphabet to train all staff on basic words in ASL
- Patient engages in her care by verbally asking questions and informing staff of her concerns
- Responses are spelled on the patients arm and the "teach back" method is applied to confirm understanding
- Visiting teammates also taught this method of communication to ensure the patient is involved in her care and language equity is in place







Network 5: Quality Insights Maryland, Virginia, District of Columbia, and West Virginia



Breaking Down Language Barriers at DaVita Harrisonburg Dialysis Center

Health Equity LAN





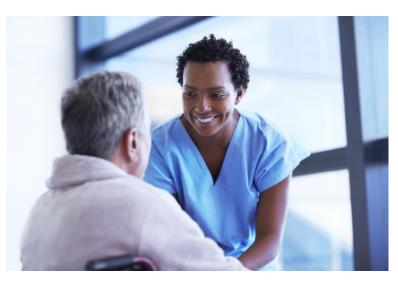
Language Barriers

- Limited general and health literacy
 - Many of the Spanish-speaking patients also struggle with reading Spanish
- Family members are <u>not reliable</u> <u>translators</u>
- Missed information leads to increased hospitalizations and decreased quality of care



Interventions

- Utilize <u>Community Health Interpreter</u> <u>Services</u>
 - Provide an in-person interpreter for Spanish and Swahili
 - Rounds with Physician Assistant every Monday and Tuesday
 - Also provide home trainings with the nursing team
- Videos in Spanish accessible to patients who struggle with reading
- Bilingual staff member who can assist with translation
- In the absence of Community Health Interpreter Services, Cryacom Language Solutions is utilized









Discussion



ESRD NCC's Health Equity Change Package

A Change Package To Improve Health Equity

Key Change Ideas for Dialysis Facilities to Drive Local Action

Released 2023





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Moving from Learning to Action...

- Share best practices from this presentation with your colleagues.
- Use the ESRD NCC Changes Packages (i.e., Transplant, Home, Hospital, Vaccination, and Patient Experience of Care change package) as a supplementary resource to improve your patient outcomes and overall patient experience of care.
- A Change Package To Improve Health Equity (esrdncc.org)





Use your phone's camera to scan QR code to go directly to the change package.



Social Media and Website



ESRD National Coordinating Center







ESRD NCC | End Stage Renal Disease National Coordinating Center (NCC)

ESRD National Coordinating Center ESRDNCC.org



Thank you!

Please take the post-call survey, the page will pop up when you close the meeting window.



