



f esrd.ncc ESRDNCC

The ESRD NCC has everything you need— at your fingertips!

The End Stage Renal Disease (ESRD) National Coordinating Center (NCC) works with Medicare (CMS) and other organizations, called Networks, to improve the care received by kidney patients. We create and share education on important topics, which are developed with other kidney patients like you. We make sure you have what you need to know in a way that is easy to find and understand. *The ESRD NCC is contracted under Medicare and is not connected to any dialysis company or any other organization.*

A great way for family members and friends to learn more, too!



www.theKidneyHub.org Is a Mobile Tool for Kidney Patients—It’s Like an App!

The Kidney Hub is an easy-to-use online resource for your phone or tablet. It is full of information created by patients for patients. Take it one topic at a time and educate yourself.

The mobile tool has the information you need and connects you to new patient education on:



COVID-19

Kidney transplant

Infection prevention

Home dialysis

Mental health and well-being

The Kidney Hub also connects you with details on what to do during an emergency, (like hurricanes, fires, and floods). It has information on funding sources to support your ideas for education, advocacy, and helping others with kidney disease.

Don’t have a smart phone or tablet? Use any web browser on your computer or laptop to visit The Kidney Hub.

There is a lot to know about kidney disease.

- Find more easy-to-understand resources created by patients for patients on home dialysis, transplant, mental health, and more topics on the ESRD NCC website at www.esrdncc.org/patients.
- The ESRD NCC supports patients during the COVID-19 emergency health crisis. Go to www.esrdncc.org/NEPOP to view COVID-19 resources on **Where to Find Credible Information** and **4 Ways to Empower Yourself**.

Learn more about your options—*transplant and home dialysis may be right for you.*

1

Transplant 101 Series

The Transplant 101 series was developed by patients for patients. These resources help you better understand the transplant journey. They explain the kidney transplant process, the transplant team, a kidney diet, and what to expect after the transplant.

2

Choosing Home Dialysis With Your Care Team

If you are thinking about dialysis at home, you have choices. The two different types of home dialysis treatments are: home hemodialysis and peritoneal dialysis. When thinking about the home dialysis options, your healthcare team can assist with decision-making.

3

Watch Two Short Videos

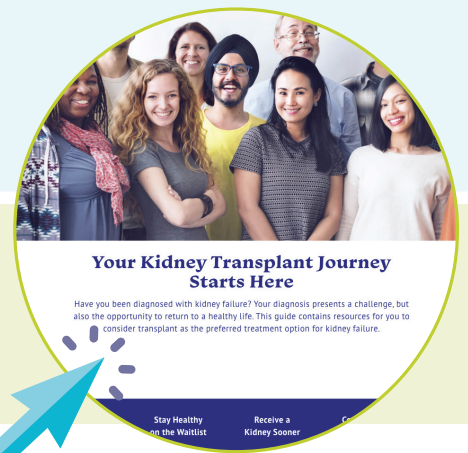
These videos—*Home Dialysis It Could Be the Right Choice for You* and *Is Transplant Right for Me?*—were developed with people like you—people on dialysis, or transplanted, and by the families of those affected by kidney disease. They provide overviews of two important topics in a way that is just right for new patients and their families.



Visit www.esrdncc.org/NEPOP



For more in-depth information on steps to getting a kidney transplant, go to www.kidneytransplanthub.com.



This material was prepared by the End Stage Renal Disease National Coordinating Center (ESRD NCC) contractor, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy nor imply endorsement by the U.S. Government. FL-ESRD NCC-7N50TC-11132020-01