

Vaccine Fatigue?

We get it!

Not only are there a lot of vaccines but there is a lot of information. Keep these tips close by as a reminder of HOW vaccines benefit YOU as someone that is immunocompromised.



Benefits

- Protects you and others you care about.
- Can make symptoms/outcomes less severe if you get sick.
- Can save time and money by keeping you working, out of the hospital, and/or without serious illness.
- Some vaccines become more effective when receiving them year after year.

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Recommended Vaccines for ESRD Patients*

Flu/Influenza:

Yearly

Pneumococcal:

*1–2 shots,
Possible booster*

Hepatitis B:

2–4 shot series

COVID-19:

Per CDC guidelines

Shingles:

*Older than 50—
2 doses, 2–6 months
apart. Younger than
50—ask your provider.*

Tetanus, Diphtheria, and Pertussis (Tdap):

*Booster every
ten years*

*Always talk with your doctor about your specific situation and which vaccines are best for you.



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