An End Stage Renal Disease (ESRD) National Coordinating Center (NCC) Patient Education Quickinar

June 16, 2020
Agenda

• What is this call about?
• Today’s speakers
• Stephanie Booth, HCA, CHHT, CIC
  ▪ Making Dialysis Safer for Patients Coalition
• Shannon Novosad, MD, MPH
  ▪ Dialysis Safety Team, Prevention and Response Branch, Division of Healthcare Quality Promotion, Centers for Disease Control and Prevention
• Topic: How Facilities Are Keeping Patients Safe From COVID-19
• Questions and Answers (Q&As) from chat and Q&A panels
What Is This Call About?

This “Quickinar” will address changes you may see at the dialysis facility during the COVID-19 pandemic and explain how these changes help prevent infections and keep patients safe. Key topics include:

• Use of facemasks and cloth face coverings
• The importance of limiting non-essential staff and visitors at the facility
• Tips for speaking up about care
How Facilities are Keeping Patients Safe from COVID-19

Dialysis Team, Prevention and Response Branch, Division of Healthcare Quality Promotion, Centers for Disease Control and Prevention

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Some COVID-19 Protective Measures:

- Facilities will ask you to wear a facemask for your entire treatment, from the time you enter the building to the time you leave.
- A change in your treatment time, day, or facility may be necessary.
  - Depending on your facility set-up, staff members may need to change your schedule to make sure you receive the safest care possible.
- Visitor restrictions may be in place.
  - Your facility may restrict visitor access to keep you safe.
Symptoms of COVID-19

Symptoms can:
- Range from mild to severe illness.
- Appear 2–14 days after you are exposed to the virus that causes COVID-19.
How COVID-19 Spreads*

- **Person-to-person** is thought to be the primary way this disease spreads.
  - Between people in close contact with one another (about 6 feet)
  - Through respiratory droplets when an infected person coughs, sneezes, or talks
  - Some recent studies have suggested that COVID-19 may be spread by people who are not showing symptoms.

- **Contact with contaminated surfaces or objects**
  - It may be possible to get COVID-19 by touching surfaces and then touching your mouth, nose, or eyes.

*COVID-19 is a new disease and we are still learning how it spreads.
Source Control for Patients and Staff

- Everyone in the facility (including patients, visitors, and staff members) should practice source control.
- Patients and caregivers should wear a cloth face covering every time they leave their house, including during dialysis treatments.
- Take extra measures to put distance between yourself and others.
  - Maintain a distance of 6 feet whenever possible.

Triaging Procedures

- Have a staff member call patients before their next treatment.
- Make sure patients know how to notify the facility if they develop symptoms.
- Screen before entering the clinic.
Ways to Keep Yourself Safe

- Avoid touching your face, nose, and eyes.
- Appropriately wear your face covering.
- Clean your hands frequently especially after handling high-touch surfaces.
- Be aware of facility visitor restrictions.

Do NOT postpone your dialysis treatment.
Frontline Staff Toolkit: Tips for Outpatient Hemodialysis Facilities During COVID-19
Speak Up

- Don’t be afraid to use your voice. It’s OK to ask staff questions, such as:
  - What is the clinic doing to prepare for COVID-19?
  - How will these changes affect my treatment?
  - What can I do to protect myself and others?
  - Do you mind cleaning your hands again before you care for me?

https://www.cdc.gov/dialysis/patient/speak-up-video.html
COVID-19 Dialysis Resources

Screening and Triage at Intake
Screening Dialysis Patients for COVID-19

Related Pages
- Patient Screening at Dialysis Facilities
- Dialysis in Acute Care
- Patients on Home Dialysis

Key Concepts
To limit the spread of COVID-19, it is important to promptly identify, separate, and ensure all patients are wearing a cloth face covering (source control). Recent studies indicate that people who are infected but do not have symptoms likely also play a role in the spread of COVID-19. For this reason, source control measures should be implemented for everyone in the facility, regardless of

Thank you!

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For more information, contact CDC
1.800.CDC.INFO (1.800.232.4636)
TTY: 1.888.232.6348 | www.cdc.gov

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.
Let Us Hear From You

Q&As from chat and Q&A panels
Introducing TheKidneyHub.org.

- Secure, mobile-friendly web tool for patients and professionals.
- Developed by the ESRD NCC with assistance from patient subject matter experts (SMEs).
- Links to important resources, such as:
  - COVID-19, infection prevention, transplant, home dialysis, and new ESRD patient education.
  - Features include access to the Patient Grant Library, an informative Understanding High-KDPI and Increased Risk Kidneys video, and more.

- Visit today and bookmark it to your device’s home screen.

KDPI = Kidney Donor Profile Index
Our Next COVID-19 Quickinar Events

• Save the dates for our next events.
  ▪ Provider-focused event:  
    June 17, 2020, at 5 p.m. ET
  ▪ Patient-focused event:  
    June 30, 2020, at 5 p.m. ET

• Visit www.kidneyCOVIDinfocenter.com for information and to register.
Thank You!

Additional COVID-19 resources for patients and providers:

www.thekidneyhub.org/covid19/
www.kidneyCOVIDinfocenter.com

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