COVID-19

An End Stage Renal Disease (ESRD) National Coordinating Center (NCC) Patient Education Quickinar

June 2, 2020
Agenda

• What is this call about?
• Today’s speakers
  ▪ Keely Lenoir, BS
    - Manager, Kidney Community Emergency Response (KCER) Program
  ▪ Beverly Whittet, RN, CDN, CPHQ
    - Special Projects Director
    - KCER Coordinator
  ▪ Topic: Preparing for Hurricane Season During COVID-19
• Questions and answers (Q&As) from chat and Q&A panels
What Is This Call About?

• Hear tips on preparing for the 2020 hurricane season.
• Learn how COVID-19 may impact your planning this year.
• Offer KCER resources for additional support.
• Engage in weekly calls on varying topics.
Keely Lenoir, BS
Manager, KCER Program
Beverly Whittet, RN, CND, CPHQ
Special Projects Director Coordinator, KCER
2020 Atlantic Hurricane Season Forecast

https://www.youtube.com/watch?v=asD4wtMj73s&feature=youtu.be
Preparing for Hurricane Season

• Plan now.
  ▪ Create an emergency action plan today. Do not wait.
  ▪ Be flexible. COVID-19 may change your plans.
    – Evacuations
    – Sheltering
    – Transportation
  ▪ Share your plan with others (i.e., family, friends, neighbors, and congregation members).
  ▪ Discuss your plan with your dialysis facility.
    – Provide your correct up-to-date address and contact information to your dialysis facility.
    – Have a back-up plan to get care, if your dialysis facility is closed.
    – Know how to contact your dialysis facility.
Preparing for Hurricane Season (cont.)

• Gather disaster supplies
  ▪ Personal needs may include the items below:
    – Nonperishable foods for yourself and household members.
      o 3-day emergency diet plan
    – Water
    – Prescription medications
    – Medical supplies
    – Medical devices
    – Supplies for your pets
    – Flashlight
    – Batteries
    – Battery powered or hand-crank radio
    – First aid kit
    – Manual can opener
    – Cell phone with charger and a back-up battery
  – Additional items needed for a “Go kit”
    o Change of clothing
    o Important papers
    o Copy of current dialysis treatment prescription
    o Current copy of monthly lab report
    o Contact list for current healthcare
    o Hand sanitizer
    o Bar or liquid soap
    o Cloth face coverings
Preparing for Hurricane Season (cont.)

• Evacuations
  ▪ Determine if you live in an evacuation zone*, and if so, be sure to include this in your emergency action plan.
    − Prepare a “Go-kit.”
    − Plan your evacuation route.
    − Where will you evacuate to?
    − Plan for your household members and pets.

*Contact your state or local emergency management officials to find out if you live in an evacuation zone.
Preparing for Hurricane Season (cont.)

• Sheltering
  ▪ Plan to stay with a family member or friend first, and have a back-up plan.
  ▪ Shelters should only be used as a last resort.
  ▪ Stay informed. Your community may change their plans due to COVID-19, so pay attention to local guidance about its updated plans for evacuations and sheltering.
  ▪ If you have to go to a shelter:
    - Include items in your “Go-kit” that can help protect you and others from COVID-19:
      o Hand sanitizer
      o Bar or liquid soap
      o 2 cloth face coverings for each person
    - Follow disaster shelter policies and procedures designed to protect everyone in the shelter.
    - Most shelters cannot accommodate special diets, so you will need to bring 3-day emergency diet foods with you to the shelter.
Additional Planning Considerations

• Does your community have a special needs or medical sheltering program?*
  ▪ Is pre-registration required?

• If you are planning to evacuate the area:
  ▪ Discuss your plans with your dialysis facility and determine where you will go for treatment while you are out of the area.
    − Do you have transportation to your back-up facility?

• Public transportation services may shut down to assist with hurricane evacuations, so make alternate arrangements for transportation now.

• Make arrangements for your pets.
  ▪ Not all shelters accept pets.
  ▪ Contact your local emergency management agency for more information on pet-friendly shelters in your community.

*Contact your state or local emergency management officials to find out if your community has a special needs or medical sheltering program.
Key Take-Aways

• Do not wait! Prepare now.
• Review the latest CDC guidance on COVID-19 and discuss how it may affect your hurricane planning.
• Stay informed. Pay attention to local guidance about updated plans for evacuations and sheltering.
• Follow evacuation orders and evacuate if told to do so.

CDC = Centers for Disease Control and Prevention
Resources


Additional Resources:
• FEMA Ready.gov
  ▪ www.ready.gov
• National Hurricane Center
  ▪ www.nhc.noaa.gov
• Centers for Disease Control and Prevention
  ▪ www.cdc.gov/coronavirus
• Healthcare Ready
  ▪ www.HealthcareReady.org
Let Us Hear From You

• Q&As from chat and Q&A panels
Our Next COVID-19 Quickinar Events

• Save the dates for our next events.
  ▪ Provider-focused event:  
    June 3, 2020, at 5 p.m. ET
  ▪ Patient-focused event:  
    June 9, 2020, at 5 p.m. ET

• Visit www.kidneyCOVIDinfocenter.com for information and to register.
TheKidneyHub.org

- Introducing TheKidneyHub.org
- New resource for patients and professionals
- Secure, mobile-friendly web tool developed by the ESRD NCC with assistance from subject matter experts (SMEs).
- Links to important resources, such as:
  - COVID-19 emergency resources.
  - Patient-created resources on transplant, infection prevention, well-being, etc.
  - ESRD educational materials for new (and experienced) patients.
  - And more.
Thank You!

NCCinfo@hsag.com
844.472.4250
813.865.3545
www.esrdncc.org

Additional COVID-19 resources for patients and providers:

www.kidneyCOVIDinfocenter.com

This material was prepared the End Stage Renal Disease National Coordinating Center (ESRD NCC) contractor, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy nor imply endorsement by the U.S. Government. Publication FL-ESRD NCC-7N56TD-05292020-01