An End Stage Renal Disease (ESRD) National Coordinating Center (NCC) Patient Education Webinar Event

March 16, 2021
Agenda

• What is this call about?
• Today’s speakers
  ▪ Derek Forfang, Moderator
    – Transplant recipient
    – Kidney Patient Advisory Council (KPAC) co-chair
  ▪ Panelists
    – Della Major
    – Otelia Fonseca
    – Renita Peck
    – Terry Peller
    – William Senior, III
• Questions and answers (Q&As) from chat and Q&A panels
New COVID-19 Resource

COVID-19: A Positive Test or Under Investigation? Being Prepared

• Provides questions to ask your dialysis facility.
• Lists suggestions for maintaining your emotional well-being.
  ▪ Select “For Patients.”

Source: ESRD NCC
What Is This Call About?

• Hear from experts who share tips for coping in a COVID-19 environment.
• Provide real-world experiences for others to put into use.
• Engage in bi-weekly calls on varying topics.
Derek Forfang, Moderator

Transplant recipient
KPAC co-chair
Panelists

Della Major, Transplant recipient
ESRD Network 10, NPFE-LAN

Otilia Fonseca, Home dialysis patient
ESRD Network 7, NPFE-LAN

Renita Peck, Home dialysis patient
ESRD Network 9, NPFE-LAN

Terry Peeler
In-Center hemodialysis patient
KPAC Member

William Senior, III
In-Center hemodialysis patient
ESRD Network 3, NPFE-LAN

NPFE-LAN = National Patient and Family Engagement-Learning and Action Network
Let Us Hear From You

• Q&As from chat and Q&A panels
Resources from The National Forum of ESRD Networks

• Visit www.esrdnetworks.org.
  ▪ Select Toolkits.

Source: The National Forum of ESRD Networks
Quality Assessment & Performance Meetings

• A tool to help you prepare for Quality Assessment & Performance (QAPI) Meetings
• Learn what to expect and how to prepare:
  ▪ Before the meeting
  ▪ During the meeting
  ▪ After the meeting
• Visit www.esrdncc.org/patients
  ▪ Select “For New Dialysis Patients”
  ▪ QAPI Meeting Resource

Source: ESRD NCC
Where to Find Credible Information

About the Coronavirus 2019 (COVID-19)

During this pandemic, it’s especially important for everyone to take actions to keep themselves, and others, safe. To do this, let’s separate fact from fiction through how and where you can find credible, or trustworthy, information—especially as someone with kidney disease.

In stressful times, you may often turn to family and friends for support. Family and friends are great for:

✓ Inquire or receive emotional support.
✓ Connect with by phone call, video chat, or social media.

But your family and friends might not know the most up-to-date information on COVID-19 or the best actions to take right now, especially if you are on dialysis or have a kidney transplant. For this kind of information, you should turn to experts for credible information.

So, where can you find credible COVID-19 information? Start with these sites.

For general updates (e.g., handwashing and distancing, stay-at-home orders, use of face masks) on COVID-19:

• The U.S. Coronavirus Emergency Response
• Centers for Disease Control and Prevention (CDC)
• Centers for Medicare & Medicaid Services (CMS)
• U.S. Department of Health & Human Services (HHS)
• World Health Organization (WHO)

For dialysis or kidney-related updates on COVID-19:

• On the ESRD National Coordinating Center (ESRD NCC) website, you can learn about kidney-related COVID-19 health information and where to locate webinars from health experts and patient advocates.
• Go to the Multiple Organ Transplant Donor Network (MOTDN) website for the most up-to-date resources on COVID-19 from government, patient, and medical organizations.
• View the ESRD Network for a directory of ESRD Network Organizations affiliated with the kidney disease or dialysis help in your area.
• Check out the American Association of Kidney Patients’ Kidney Disease and COVID-19 to see webinars, frequently asked questions, and health alerts about kidney disease and COVID-19.
• Look to Patient Vigilant COVID-19 Resources for dialysis facilities to read about how dialysis centers are working to keep patients safe and prevent COVID-19 from spreading.
• The National Kidney Foundation’s (NKF) COVID-19 resources provide information to help kidney patients manage their health during COVID-19, like ideas for kidney-friendly dining and coping strategies.
• Turn to the Social Support Network (SSN) for tips on how kidney patients can stay physically and emotionally healthy.

Tips to identify credible websites on most mobile phone browsers

  ▪ Click on “For Patients.”

Source: ESRD NCC
The Kidney Hub

- The Kidney Hub—Mobile-friendly web tool created with patients, for patients.
- Links to new videos and helpful resources are now added.
  - Newly added diet and nutrition section
- Let us know what you think.
  - Email us at NCCinfo@hsag.com.
- Visit www.TheKidneyHub.org today!

Source: ESRD NCC
Our Next COVID-19 Webinar Events

- Save the dates for our next events.
  - Provider-focused events: March 24 at 3 p.m. ET
  - Patient-focused event: March 30 at 4 p.m. ET

Visit www.kidneyCOVIDinfocenter.com for information and to register.

Source: ESRD NCC
Thank You!

NCCinfo@hsag.com
844.472.4250
813.865.3545
www.esrdncc.org

Additional COVID-19 resources for patients and providers:

wwwthekidneyhub.org/covid19/
www.kidneyCOVIDinfocenter.com

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