COVID-19

An End Stage Renal Disease (ESRD) National Coordinating Center (NCC) Patient Education Webinar Event

November 17, 2020
Agenda

• What is this call about?
• Today’s speakers
  ▪ Dexter Rogers
    − Dialysis patient
    − The Florida ESRD Network 7
  ▪ Catina Strode
    − Director of Clinical Services
    − Olympic Peninsula Kidney Center
  ▪ Brianna Smith
    − Quality Improvement Coordinator
    − Comagine Health ESRD Networks 16 and 18

• Topic: Screening for COVID-19: Why Your Responses Are Important
• Questions and answers (Q&As) from chat and Q&A panels
What Is This Call About?

• Provide tips for overcoming COVID-19 screening fatigue.
• Help identify patients’ potential exposure to COVID-19.
• Discuss how to improve responses and engagement with COVID-19 screenings.
Online COVID-19 Resource

• Developed by patients for patients
• Offers practical tips to help better deal with stress and anxiety
  ▪ Click on “For Patients.”
Dexter Rogers
Dialysis patient
The Florida ESRD Network 7
Brianna Smith
Quality Improvement Coordinator
Comagine Health ESRD Network 16 and 18
Catina Strode, RN
Director of Clinical Services
Olympic Peninsula Kidney Center
Why Are the COVID-19 Screening Questions Important?

• Dialysis patients are immunocompromised.
• They help decrease the spread of the COVID-19 and preserve the overall health of all patients.
• Through proper assessments, screening questions can detect infection early.
• Timely treatment is supported by screening questions.
• They help keep you and your family safe from potential exposure.
• Better identification helps us get back to normal sooner.
What Do Dialysis Center Staff Hope to Accomplish by Asking the COVID-19 Screening Questions?

• Identify a patient’s potential exposure to COVID-19.
• Identify if a patient needs to be treated in a COVID-19 isolation clinic or on a COVID-19 shift.
• Catch risk of exposure outside dialysis (Example: living in a nursing home).
• Educate patients about safe visitor best practices.
  ▪ Tips for prevention during the holidays
  ▪ Tips for mental health support and coping with stress
What Types of Questions Are Patients Asked During the Screenings?

• Are you experiencing flu-like symptoms?
  ▪ Fever, cough, chills, body aches, loss of sense of taste or smell. Have you been exposed to someone who has tested positive?

• Exposure
  ▪ The Center for Disease Control and Prevention (CDC) defines close contact (closer than 6 feet) or potential exposure to include several small visits with an infected person that are less than 15 mins in length.¹

• Remind patients that COVID-19 cases are continually increasing. It is important to be honest to prevent the spread of the virus.

What Is Screening Fatigue?

- A response that can occur when the same questions are asked repeatedly over a long period of time.
- When screening questions lose their value.
- Fatigue that affects staff and patients.
- It can lead people to answer without thinking the questions through.
Why Is It Important for Patients to Answer the Questions Accurately?

• Your actions impact others.
• Protect yourself and each-other.
Improving Screening

Exposure from Others

Individual Behaviors

Screening

Accurate Answers with Follow Up
What Providers Are Doing to Improve the Screening Process

- Make screening questions patient-centric.
- Provide better identification of symptoms.
- Better identify exposure outside dialysis.
- Address fears and concerns.
Protect Yourself

• Be aware of outbreaks in your community.
• Identify potential exposure to asymptomatic persons.

Colorado Department of Public Health & Environment (CDPHE) COVID-19 Outbreak Map Updated November 4, 2020: https://cpdhe.maps.arcgis.com/apps/webappviewer/index.html?id=dcc0b993632a4bc68dc7b9a1dd015cfe
Addressing Fear of COVID-19
What Safety Measures Are in Place to Help Keep Patients Safe at a COVID-19 Clinic Dialysis?

Be curious: Ask about the process and the cleaning practices of the COVID-19 isolation clinic.
Advice From Your Peers

Do not be scared, be prepared.

Develop a “just-in-case” action plan with your care team to address what might happen if you become sick.

- Transportation
- Proper isolation at home
- Childcare
What Can Patients Do to Better Protect Themselves?

• Follow recommended precautions, because your actions do impact others.

• Stay informed about locations of local outbreaks.

• Self advocate at home and everywhere else.
  ▪ Limit visitors or ask those who live with you or visit who work in high-risk jobs to be extra cautious.
    − Their actions impact you and your exposure impacts others.

• Speak up about concerns or fears.
  ▪ Ask your provider to help you understand the sanitation practices in a COVID-19 facility near you.
What Can Patients Do to Better Protect Themselves? (cont.)

• Develop a plan just in case you get sick and need treatment at a COVID-19 clinic.
• Educate friends and family about using precautions.
• Join virtual support groups:
  ▪ For mental health support
  ▪ To learn and engage with your peers
Let Us Hear From You

• Q&As from chat and Q&A panels
COVID-19 Screening

Tips to Overcoming COVID-19 Screening Fatigue

• Identify patients’ potential exposure to COVID-19.

• Identify if patients need to be treated in a COVID-19 cohort clinic or shift.

• Improve responses and engagement with COVID-19 screenings.

Source: HSAG
Online Patient and Family Member Resources

• View resources providing information about:
  ▪ What to expect as a newly diagnosed patient.
  ▪ Understanding the grievance process.
  ▪ Choosing transplantation.
  ▪ Choosing home dialysis.
  ▪ Infection prevention.
  ▪ Emergency planning.
  ▪ Caregiving.

• Get links to trustworthy organizations.

• Visit [www.esrdncc.org/patient](http://www.esrdncc.org/patient).

Source: HSAG
Online COVID-19 Patient Resources

• View up-to-date COVID-19 patient resources.
• Access handouts, webinars, videos, and links to trustworthy organizations.
  - Click on “For Patients.”

Source: HSAG
Where to Find Credible Information

About the Coronavirus 2019 (COVID-19)

During this pandemic, it’s especially important for everyone to take actions to keep themselves, and others safe. To do this, let’s pause and think through how and where you can find credible, or trustworthy, information—especially as someone with kidney disease.

In stressful times, you may often turn to family and friends for support. Family and friends are great for:
- Information or emotional support.
- Connecting with by phone call, video chat, or social media.

But your family and friends might not know the most up-to-date information on COVID-19 or the best actions to take right now, especially if you are on dialysis or have a kidney transplant. For this kind of information, you should turn to experts for credible information.

So, where can you find credible COVID-19 information? Start with these sites.

For general updates (e.g., handwashing and distancing, stay-at-home orders, use of masks) on COVID-19:
- The U.S. Coronavirus Response Resource
  - Centers for Disease Control and Prevention (CDC)
  - Centers for Medicare & Medicaid Services (CMS)
  - U.S. Department of Health & Human Services (HHS)
  - World Health Organization (WHO)

For kidney disease-related updates on COVID-19:
- On the National Coordination Center (NCC) website, you can learn about kidney-related COVID-19 health information and where to locate webinars from health experts and patient advocates.
- Go to the Kidney Community Emergency Resource (KERC) website for the most up-to-date information on COVID-19 from government, patient, and professional organizations.
- View the ERKD Network for a directory of ERKD Network Organizations autonomous to the kidney disease or dialysis help in your area.
- Check out the American Association of Kidney Patients, Kidney Disease and COVID-19 to see webinars, frequently asked questions, and health alerts about kidney disease and COVID-19.
- Look to Daumarc Patient Centers, COVID-19 Resources for Daumarc Patients for how to read about dialysis centers that are working to keep patients safe and prevent COVID-19 from spreading.
- Turn to the Dialysis Access Network (DAN) for tips on how kidney patients can stay physically and emotionally healthy.

Click on “For Patients.”

Source: HSAG
Telemedicine Patient Toolkit

Kidney Patient Care: Your Guide to Using Telemedicine

• What is telemedicine? Why are people talking about telemedicine now?
• Telemedicine benefits
• How might a kidney patient, like me, use telemedicine?
• What are some other issues I can use telemedicine for?
• What kind of technology do I need? How do I use it?
• Preparing for your telemedicine visit

Source: HSAG
Be a Friend, Share www.TheKidneyHub.org

• TheKidneyHub.org is a safe, mobile-friendly web tool created by the ESRD NCC with help from kidney patients and family members.

• Links to important new resources, such as:
  ▪ Quick Start to Submitting an Emergency Grant Request
  ▪ Understanding High Kidney Donor Profile Index (KDPI) and Increased Risk Kidneys video.
  ▪ And more.

• Let us know what you think.
  ▪ Email us at NCCinfo@hsag.com.
Our Next COVID-19 Webinar Events

• Save the dates for our next events.
  ▪ Provider-focused event: November 24 at 3 p.m. ET
  ▪ Patient-focused event: December 1 at 4 p.m. ET

Visit www.kidneyCOVIDinfocenter.com for information and to register.

Source: HSAG
Thank You!

NCCinfo@hsag.com
844.472.4250
813.865.3545
www.esrdncc.org

Additional COVID-19 resources for patients and providers:


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