

Expert Teams – Home Dialysis

Case-Based Learning & Mentorship

Thursday, March 23, 2023

Facilitator: Julie Moss, ESRD National Coordinating Center



Meeting Logistics

- Call is being recorded
- Participants can unmute themselves
 - Please stay on mute unless you are speaking
 - Do not place the call on “hold”
- Everyone is encouraged to use the video and chat features
- Meeting materials will be posted to the ESRD NCC website.



Meeting Guidelines



INTRODUCE YOURSELF
BEFORE SPEAKING



KEEP PATIENT-SPECIFIC
INFORMATION
CONFIDENTIAL



BE WILLING TO SHARE
SUCCESSSES AND
DIFFICULTIES



BE OPEN TO FEEDBACK



ASK THE DIFFICULT
QUESTIONS



RESPECT OTHERS



USE “...AND” STATEMENTS



KEEP TO TIME LIMITS

Who Is On The Call?

Clinician and
Practitioner
Subject Matter
Experts

Dialysis Facility
and Transplant
Professionals

ESRD Network
Staff

Kidney Care
Trade Association
Members

Centers for
Medicare &
Medicaid Services
(CMS) Leadership

What are Expert Teams?



Participants from varying levels of organizational performance, each with lived experience and knowledge, come together to support continual learning and improvement



Help others learn faster by sharing what worked and what didn't work around a particular case, situation, or circumstance



Bring the best possible solutions to the table

Expert Team Call Objectives



Prepare for improvement using shared clinical cases



Test processes through the application of knowledge from the cases



Use inquiry-based learning to problem solve



Examine clinical reasoning, problem solving, and decision making through lived experience




Act as a consultancy for behavior change and improvement

What is Case Based Learning?


Describes an individual situation (case)



Identifies key issues around the problem, barrier, or missed opportunity



Analyzes the situation using relevant processes meant to mitigate the problem or situation



Recommends a course of action for the situation, including implementing PDSA cycles and process modifications

Home Dialysis

- Increase the number of incident ESRD patients starting dialysis using a home modality
- Increase the number of prevalent ESRD patients moving to a home modality
- Increase the number of rural ESRD patients using telemedicine to access a home modality



Questions to Run On ...

- Collaborate with other healthcare providers and stakeholders to increase the number of patients that start dialysis at home?
- Educate differently to increase patient transition to a home modality?
- Utilize telemedicine more effectively to provide patients with access to a home modality?

A Difficult Journey Home

Krystal East BSN, RN
Director, Home Programs USRC

Patient Background

- ▶ 47-year-old male
- ▶ Crash into dialysis
- ▶ Started with in-center
- ▶ Disliked dialysis & showed symptoms
- ▶ Violently ill after treatment
- ▶ Unhappy with the treatment from the care team

Interest in Home

- ▶ New dialysis clinic
- ▶ Kidney Care Educator introduced options
- ▶ Wanted to do Peritoneal Dialysis
- ▶ Cardiac Issues
- ▶ Patient became non-adherent
- ▶ Care team became unsupportive

Another Hurdle to Cross

- ▶ Patient gets PD Clearance
- ▶ Insurance Issues and hurdles
 - ▶ \$14,000 cost of surgery
 - ▶ Insurance lapsed
- ▶ Patient gets COVID
- ▶ Hospitalized for the 3rd time

A Blessing in Disguise

- ▶ Insurance gets reinstated
- ▶ Care Team and Nephrologist acted fast
- ▶ Urgent Start PD
- ▶ Year-long process to get the patient home

Finally, Home

- ▶ Changed from non-compliant to compliant
- ▶ Supportive Care Partner
- ▶ Felt supported and heard by the home team
- ▶ 1-year anniversary of home dialysis
- ▶ “Home Dialysis is a game changer”
- ▶ Working toward transplant

Best Practices & Lessons Learned

- ▶ Support for non-compliant patients
 - ▶ Keeping options open for non-compliant patients
- ▶ Commitment to equal opportunities for all patients
- ▶ Increased home penetration rate by 3%
 - ▶ Support of Kidney Educators
 - ▶ Physician partnerships
 - ▶ Support of leadership

Questions and Answer Discussion

Knowledge Into Action

Top Take-Aways



What is one thing you learned today that you could start doing immediately?



How will this action improve your current way of doing the practice/process?



Who is involved and how can they support the action to make it sustainable?

Recap & Next Steps

- Additional pathways for learning
 - Sharing Best Practices to a greater community through coalition meetings
 - Using Case Study examples to identify new ways of doing something and missed opportunities
- Next meeting – Save-the-Date coming soon

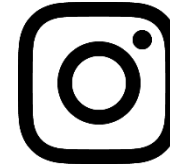
Visit the ESRD NCC website to find materials and share <https://esrdncc.org/en/professionals/expert-teams/>



Social Media



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Thank You

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