



# Hospitalization Risk Assessment

This screening tool may help identify patients at risk for hospitalizations.

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

## Check all that apply:

### Clinical Conditions

Consistently gains excessive fluid weight between dialysis treatments

Multiple co-morbid conditions: diabetes, high blood pressure, obesity, heart disease, chronic obstructive pulmonary disease

Recent or frequent hospitalizations/emergency department (ED) visits

Permanent dialysis catheter

Recent unintentional weight loss

Low albumin as determined by the facility protocol

Increased missed treatments over the last several months

History of falls

Wounds or open sores that do not heal

Nonresponsive to erythropoiesis-stimulating agents

Uncontrolled hypertension



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Changes in mental status or mental decline

Confusion

## Nonclinical Conditions

Low literacy

Vision impairment and/or hearing impairment

Lives at home with limited or no family/caregiver support

Needs assistance with medication management

Deals with multiple social determinants of health: financial barriers, transportation, housing, food insecurities

Needs help with activities of daily living: bathing, walking, getting out of bed or chair

If there are multiple risk factors checked, this may indicate the patient is at risk for hospitalization. Discuss this tool with the Interdisciplinary Team during quality meeting or during the patients' plan of care meeting. Also, consider discussing your findings with the family and or caregiver.

## Resource

- [A Simple and Cheap Hospitalization Risk Assessment Tool for Use in Hemodialysis Patients](#)