

COVID-19



An End Stage Renal Disease (ESRD) National Coordinating Center (NCC) Patient Education Quickinar

April 28, 2020

Agenda

- What is this call about?
- Today's speakers
 - Dawn Edwards
 - Nocturnal Home Hemodialysis Patient
 - SME, NPFE-LAN
 - CEO, New York State CKD Champions
 - Janice Starling
 - Kidney Transplant Recipient
 - Legacy SME, NPFE-LAN
 - Founder, All Kidney Patients Support Group
 - Topic: Remaining connected while practicing social distancing
- Questions and answers (Q&As) from chat and Q&A panels

CKD = Chronic kidney disease

NPFE-LAN = National Patient and Family Engagement-Learning and Action Network

SME = Subject matter expert



What Is This Call About?

- Hear from ESRD patients using creative methods to remain connected with other patients in a COVID-19 environment.
- Provide real-world experiences for others to put into use.
- Offer ESRD resources to for additional connection and support.
- Engage in weekly calls on varying topics.

Dawn Edwards

Nocturnal Home Hemodialysis Patient
SME, NPFE-LAN

CEO, New York State CKD Champions



Janice Starling

Kidney Transplant Recipient
Legacy SME, NPFE-LAN

Founder, All Kidney Patients Support Group



Connecting With Others During COVID-19

Introducing a new ESRD NCC resource:

- Offers information for patients and professionals.
- Provides ideas of how to connect with others in a social-distancing environment.

Visit www.kidneyCOVIDinfocenter.com for this resource and other COVID-19-related information.

Multiple Ways to Connect With Others During COVID-19

Here are some tips for how to connect with others in a social-distancing environment. Each method offers unique features. Pick which one works best for you and your family!

Telephone and Text Messages

Exchange phone numbers! The telephone is a great way to stay connected with others. Agree upon a time to talk with each other, decide who will call who, be sure to put a reminder on your calendar, and connect with each other at the scheduled time. Use the text message feature for quick check-ins with each other.



FaceTime

[FaceTime](#) is perfect for seeing and hearing people over the phone. FaceTime is exclusive to Apple, so both individuals need an iPhone, iPad, iPod touch, or Mac to use this service. The good thing about FaceTime is that you can use WiFi when calling, saving minutes on your cellular data plan.

Google Hangouts

The [Google Hangouts](#) application (app), available for both iOS and Android smartphones and mobile devices, is easy to install and use for free voice and video calling and video conferencing. It's available for Windows and Mac desktop and laptop computers as well, so it synchronizes across all your devices. You can even use Hangouts for texting.



Google Duo

[Google Duo](#) is a free video chat mobile app that enables one-to-one video and voice calls across both iOS and Android devices. Simply download the Duo app and get started using video calling regardless of what kind of smart phone you have. It's also available via Google's Chrome web browser on desktop and laptop computers.

Messenger Apps

Use instant messaging! Apps like [WhatsApp](#) or [Facebook Messenger](#) are mobile messaging apps used for instant messaging, sharing photos, videos, audio recordings and for group chats. The apps are usually free to download, can be used to communicate on your phone, but can also sync to your computer or tablet.



Email

Email is another way to stay in touch with each other, especially if you would like to share information and resources that can be found on the Internet. Don't forget the old-fashioned practice of mailing a letter. Consider writing and sending a letter to remain connected.



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Resources

- All Kidney Patients Support Group
 - <http://www.akpsupportgroup.org/>
 - Search *All Kidney Patients Support Group* on Facebook
- New York State CKD Champions
 - Search *New York State CKD Champions* on Facebook
- American Association of Kidney Patients
 - <https://aakp.org/center-for-patient-engagement-and-advocacy/support-groups/>
- National Kidney Foundation–Peers
 - <https://www.kidney.org/patients/peers>
- Renal Support Network Hope Line
 - <https://www.rsnhope.org/hopeline-kidney-disease-support-phone-line>

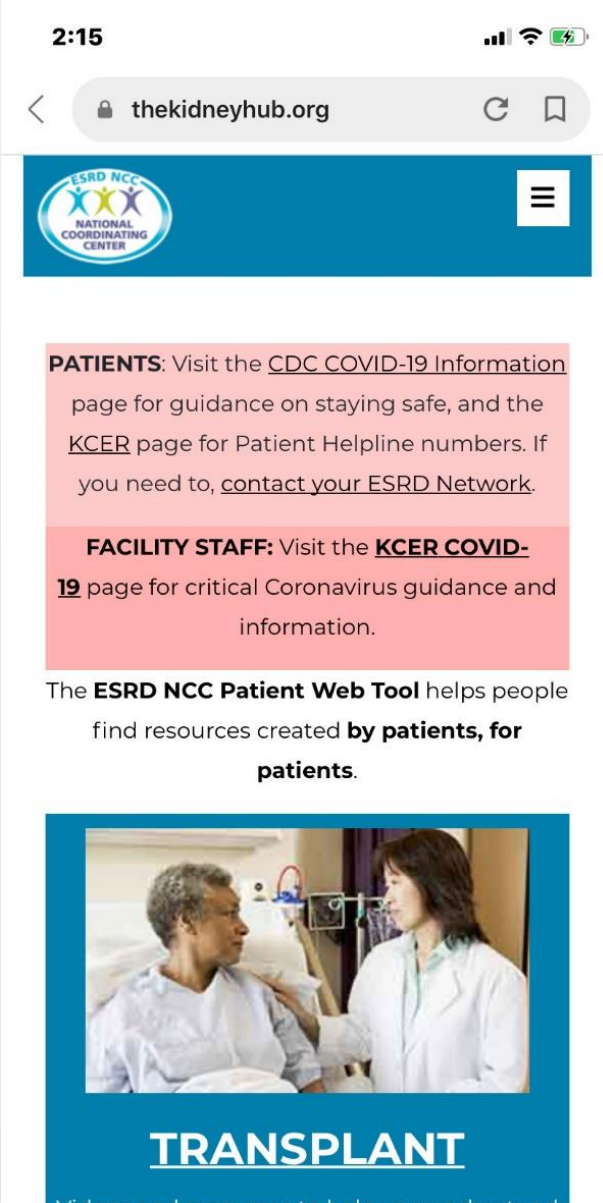
Let Us Hear From You

- Q&As from chat and Q&A panels

TheKidneyHub.org

Introducing TheKidneyHub.org:

- New resource for patients and professionals
- Secure, mobile-friendly web tool developed by the ESRD NCC with assistance from SMEs
- Links to important resources, such as:
 - COVID-19 emergency resources
 - Patient-created resources on transplant, infection prevention, well-being, and more
 - New (and experienced) ESRD patient educational materials, etc.



The screenshot shows a mobile browser interface for the website thekidneyhub.org. At the top, the time is 2:15, and there are icons for signal strength, Wi-Fi, and battery. The address bar shows the URL thekidneyhub.org. Below the address bar is a blue header with the ESRD NCC National Coordinating Center logo on the left and a hamburger menu icon on the right. The main content area has a pink background with two sections of text. The first section is for patients, and the second is for facility staff. Below the text is a blue box with a photo of a doctor talking to a patient, and the word 'TRANSPLANT' in white text on a blue background. At the bottom, there is a line of text that is partially cut off: 'Videos and resources to help you understand'.

2:15

thekidneyhub.org

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PATIENTS: Visit the [CDC COVID-19 Information](#) page for guidance on staying safe, and the [KCER](#) page for Patient Helpline numbers. If you need to, [contact your ESRD Network](#).

FACILITY STAFF: Visit the [KCER COVID-19](#) page for critical Coronavirus guidance and information.

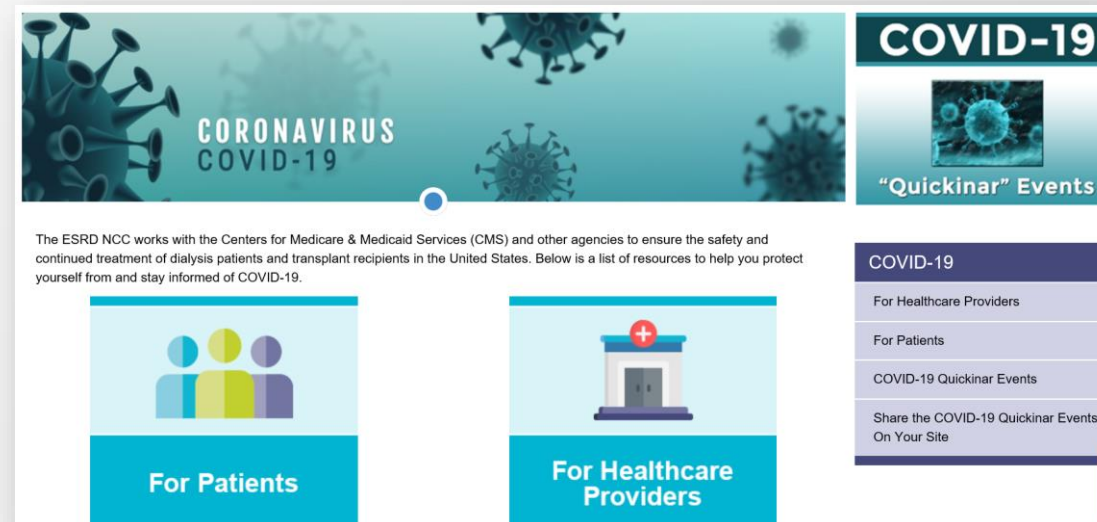
The **ESRD NCC Patient Web Tool** helps people find resources created **by patients, for patients.**

TRANSPLANT

Videos and resources to help you understand

Our Next COVID-19 Quickinar Events

- Save the dates for our next events.
 - Patient-focused event:
May 5, 2020, at 5 p.m. ET
 - Provider-focused event:
May 6, 2020, at 5 p.m. ET
- Visit www.kidneyCOVIDinfocenter.com for information and to register.



Thank You!

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813.865.3545

www.esrdncc.org

Additional COVID-19 resources for patients and providers:



<https://www.kcercoalition.com/en/covid-19>



www.kidneyCOVIDinfocenter.com

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