

# COVID-19



## An End Stage Renal Disease (ESRD) National Coordinating Center (NCC) Patient Education Quickinar

April 14, 2020

# Agenda

- What is this call about?
- Today's speaker
  - Howard Bendell  
Kidney Transplant Recipient  
ESRD Network 7 Patient Advisory Committee Member
  - Alyssa Souza, PD, RN  
Crystal River Dialysis Center, Crystal River, Florida
- Topic: Using telehealth to visit with your doctor
- Questions and answers (Q&As) from chat and Q&A panels
- TheKidneyHub.org
- ESRD NCC COVID-19 Resources
- Our next COVID-19 awareness events

# What Is This Call About?

- Hear from ESRD patients adapting to COVID-19.
- Provide real-world experiences for patients to put into use.
- Engage in weekly calls on varying topics.

# Howard Bendell

Kidney Transplant Recipient

ESRD Network 7 Patient Advisory Committee Member

Kidney Transplant Recipient



# **Alyssa Souza, PD, RN**

Peritoneal Dialysis Registered Nurse

Crystal River Dialysis Center

Crystal River, Florida



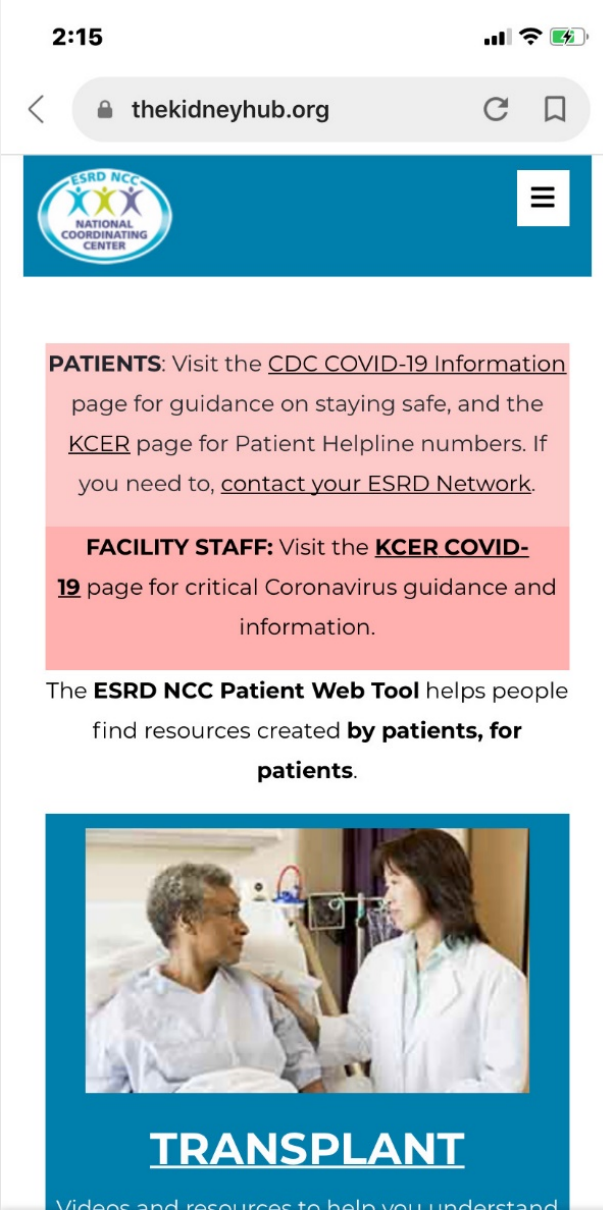
# Let Us Hear From You

- Questions and answers from chat and Q&A panels

# TheKidneyHub.org

## Introducing TheKidneyHub.org:

- New resource for patients and professionals
- Secure, mobile-friendly web tool developed by the ESRD NCC with assistance from patient subject matter experts (SMEs)
- Links to important resources, such as:
  - COVID-19 emergency resources
  - Patient-created resources on transplant, infection prevention, well-being, and more
  - New (and experienced) ESRD patient educational materials, etc.



The screenshot shows a mobile browser interface for the website thekidneyhub.org. At the top, the time is 2:15, and there are icons for signal strength, Wi-Fi, and battery. The address bar shows the URL thekidneyhub.org. Below the address bar is a blue header with the ESRD NCC National Coordinating Center logo on the left and a hamburger menu icon on the right. The main content area has a pink background with two sections of text. The first section is for patients, and the second is for facility staff. Below the text is a blue box with a photo of a doctor talking to a patient, and the word 'TRANSPLANT' in white text on a blue background. At the bottom, there is a partial sentence: 'Videos and resources to help you understand'.

2:15

thekidneyhub.org

ESRD NCC  
NATIONAL  
COORDINATING  
CENTER

**PATIENTS:** Visit the [CDC COVID-19 Information](#) page for guidance on staying safe, and the [KCER](#) page for Patient Helpline numbers. If you need to, [contact your ESRD Network](#).

**FACILITY STAFF:** Visit the [KCER COVID-19](#) page for critical Coronavirus guidance and information.

The **ESRD NCC Patient Web Tool** helps people find resources created **by patients, for patients.**

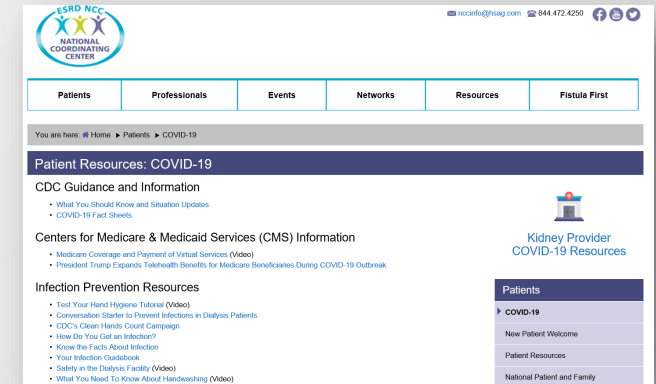
**TRANSPLANT**

Videos and resources to help you understand

# ESRD NCC COVID-19 Resources

## COVID-19 ESRD Patient Resources:

- The Doctor Will See You Now: Telemedicine Makes it Easy (Telemedicine Resource Handout)
  - <https://esrdncc.org/contentassets/e6ae38abfd2c4b30bde7b52ebe2e417f/esrdncc2020telemedicine508.pdf>
- 4 Ways to Empower Yourself to Cope With COVID-19
  - English:  
<https://esrdncc.org/contentassets/e6ae38abfd2c4b30bde7b52ebe2e417f/patient-empowerment-strategies-for-coping-with-covid.pdf>
  - Spanish:  
<https://esrdncc.org/contentassets/e6ae38abfd2c4b30bde7b52ebe2e417f/patient-empowerment-strategies-for-coping-with-covid-spanish.pdf>
- 5 Urgent Reminders About COVID-19 for Individuals on Dialysis
  - <https://esrdncc.org/contentassets/e6ae38abfd2c4b30bde7b52ebe2e417f/5urgentr eminderscovid19v35083.pdf>



<https://esrdncc.org/en/patients/covid-19/>



# Our Next COVID-19 Awareness Events

- Our next call:
  - COVID-19 for Providers
  - April 15, 2020, at 5 p.m. ET
  - David Arrieta  
Chief Financial & Operating Officer  
Nephrology Associates
  - Operationalizing telehealth at the nephrology practice
- Visit <https://esrdncc.org/en/quickinars> to register.

# Thank You!

[NCCinfo@hsag.com](mailto:NCCinfo@hsag.com)

844.472.4250

813.865.3545

[www.esrdncc.org](http://www.esrdncc.org)

Additional COVID-19 resources for patients and providers:



<https://esrdncc.org/en/patients/covid-19/>

**Centers for Disease Control and Prevention**

<https://www.cdc.gov/coronavirus/2019-ncov/>

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