Choosing Home Dialysis with Your Care Team

If you are thinking about dialysis at home, you have choices. The two different types of home dialysis treatments are: home hemodialysis and peritoneal dialysis. When thinking about the home dialysis options, you have a team to assist with decision-making. Here are a few topics you can talk about together.



- Considering home dialysis options, including peritoneal dialysis
- Learning the difference between in-center hemodialysis and home dialysis treatments
- Knowing when and how telemedicine will be used in your care
- Understanding the impact of dialysis on your health





- Setting up your home
- Receiving home dialysis training
- Understanding infection prevention for you and your family, including peritonitis
- Learning about home dialysis equipment tests and product upkeep
- Knowing about monthly testing needs



Social Worker

- Learning about out-of-pocket costs, such as plumbing, electrical, and setup
- Preparing to set up your home to begin home dialysis
- Coping emotionally to begin or transition to a home treatment

Dietitian

- Learning about changes to your diet with a home treatment
- Knowing the different food restrictions based on treatment choice
- Asking for kidney friendly diet tips
- Receiving information about reading food labels
- Understanding how to read your lab results

Patient Peers

- Gaining the patient perspective of what to expect
- Receiving tips on how to prepare your family for home dialysis
- Connecting with someone who uses home dialysis



Visit www.esrdncc.org/patients for more home dialysis resources.



