

Don't Play Games With Your Health

The Dangerous Domino Effect of Missing Treatments

Properly working kidneys work 24 hours a day—7 days a week. That's 168 hours a week. In-center dialysis patients are treated for 3–5 hours a day—3 days a week. That's about 12 hours of dialysis a week which is about 15% of the 168 hours of normal working kidneys. So, shortening your prescribed dialysis treatment or missing treatment can cause big setbacks in your health.



Here's what can happen if you do not attend all of your prescribed dialysis sessions.



Decreased appetite



Feeling tired



Itchy



Fluid overload

which can lead to fluid in your lungs, difficulty breathing, swollen ankles, high blood pressure and heart failure.



Hospitalization



High potassium levels

which can affect your heart rhythm.



Death

Don't take a chance with your health by missing or cutting your dialysis treatment short.



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