

Questions to Ask Your Transplant Care Team

These are questions that people who have received a kidney transplant wished they would have asked.

Rejection: Being aware of why a transplant may not be successful can help you mentally and emotionally prepare.



- What are the top reasons for rejection?
- Why might I be at risk for rejection?
- Will I be notified if a donor kidney carries a higher risk of rejection?
- How can I best prevent rejection?
- What signs and symptoms should I look for, and who do I contact if I see any?

Vaccinations are safe and important: Talk with your transplant care team to determine which ones are right for you and at what frequency.



- Are there any types of vaccines I should avoid post-transplant? Should I avoid others who have received these vaccines?
- Should I still receive my annual flu vaccine? When?
- What vaccines should I receive while preparing for a transplant?

Caring for your access: You may wonder what will happen to your dialysis access post-transplant.



- Peritoneal Dialysis (PD) Catheter: Will my catheter be removed before my transplant? If so, what happens if I need dialysis after the transplant?
- Chest Catheter: When will it be removed and who will schedule the appointment?
- Fistula/Graft: Should I still continue to see my vascular access team on a regular basis? Will it stop working eventually?

Mental wellness: Planning for post-transplant mental and emotional support needs can help make the transition smoother.



- What mental and emotional challenges do post-transplant recipients often face?
- What resources will be available to me from my transplant team?
- Can you refer me to any support groups or individual counselors?
- How can I best prepare my mental and emotional health for the post-transplant changes?

