### Vaccine Benefits...Facts

Keep these tips close by as a reminder of HOW vaccines benefit YOU as someone that is immunocompromised.

#### **Benefits**

- Protects you and others you care about.
- Can make symptoms/ outcomes less severe if you get sick.
- Can save time and money by keeping you working, out of the hospital, and/or without serious illness.
- Some vaccines become more effective when receiving them year after year.

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# Recommended Vaccines for ESRD Patients\*

### Flu/Influenza:

Yearly

### Pneumococcal:

1–2 shots, Possible booster

### **Hepatitis B:**

2-4 shot series

#### **COVID-19:**

Per CDC guidelines

### **Shingles:**

Older than 50— 2 doses, 2–6 months apart. Younger than 50—ask your provider.

## Tetanus, Diphtheria, and Pertussis (Tdap):

Booster every ten years

\*Always talk with your doctor about your specific situation and which vaccines are best for you.



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