

# End Stage Renal Disease (ESRD) Network Peer Mentoring Program

Do you have a positive outlook in dealing with kidney disease?



Are you comfortable helping patients take an active role in their care plans and talking with their care team?



Are you open to learning about resources on treatment choices and sharing them with others?

*If you answered yes to the questions above, become a peer mentor or mentee in the ESRD Peer Mentoring Program.*

## What Is Peer Mentoring?

Peer mentoring is a form of mentorship that usually takes place between a person who has lived through a specific experience (peer mentor) and a person who is new to that experience (the peer mentee). Peer mentors provide education and social support to mentees.

Peer mentors can make a difference. As a mentor, you can motivate your peer to be active in his/her care.



## Where Can I Get More Information on the Peer Mentoring Program?



Talk to a social worker at your facility for more information about peer mentoring.



Contact your ESRD Network and ask to talk to the Peer Mentoring Program Peer Champion (your facility can provide you with his/her phone number).



Visit [www.kidneylearninghub.com](http://www.kidneylearninghub.com).



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