

Frequently Asked Questions (FAQs)



What Is a Peer Mentor?

A peer mentor is a person from any background or experience level who shares his/her experiences with kidney disease to help his/her peer feel less alone in facing the challenges of kidney disease. Peer mentors can motivate a peer to stay active in his/her care.

What Is Peer Mentoring?

Peer mentoring is a relationship between a mentor and mentee. The peer mentor shares his/her knowledge, experiences, and skills. This helps a mentee progress towards his/her goals.

Who Can Be a Peer Mentor in the End Stage Renal Disease (ESRD) Peer Mentoring Program?

If you would like to be a peer mentor in the Peer Mentoring Program, talk to your ESRD Network or facility social worker.

Who Is a Peer Mentee?

A peer mentee is a person who:

- Is looking to make a connection with a peer who is thriving despite kidney disease.
- Wants more knowledge from someone who also has kidney disease.

Who Can Be a Mentee in the ESRD Peer Mentoring Program?

If you would like to be paired with a peer mentor, talk to your ESRD Network peer mentor champion.

How Do I Sign Up for the Peer Mentoring Program?

Reach out to your ESRD Network to let them know that you want to be part of the Peer Mentoring Program.

