



Quick Start Guide to Using the Home Dialysis Change Package

Introduction: The End Stage Renal Disease National Coordinating Center (ESRD NCC) develops and updates a series of [change packages](#).

- Change packages contain practical strategies and tactics for quality improvement (QI) at dialysis facilities across a range of topics.
- If you are unsure where to begin with change packages or are new to your role, this quick-start guide may help you focus on appropriate drivers and sub-drivers once you have identified your problem statement(s).
- Remember, your local [ESRD Network](#) is a valuable resource as you work through quality improvement activities.

How Will Your Facility Benefit?

- ✓ Building a cohesive team by working on a common goal.
- ✓ Improving relationships with physicians, staff, patients, families, and caregivers.
- ✓ Empowering and appreciating the whole staff through inclusion in QI activities to drive change.

Problem Statement	Where to Start	Where to Learn More
I am new to my role at the dialysis facility and am not sure how to use the change package.	3b: Measure, monitor, and assess program metrics to drive success and improvement.	ESRD Network
We have ongoing staffing challenges (e.g., staff turnover, agency staffing).	2a: Promote the practical benefits among staff members and patients.	ESRD NCC Learning and Action Network Call Expert Team Call
Focus on Creating a Mindset that Home Dialysis Is Possible		
Staff need more education on home dialysis.	2a: Promote the practical benefits among staff members and patients.	ESRD NCC Home Dialysis Universal Staff Education
We could do better at educating patients about home dialysis	2b: Consider all patients, widely refer patients, and explore options before declining patients for home.	Home Hemodialysis May Be the Best Option for You Peritoneal Dialysis May Be the Best Option for You
Focus on Educating and Supporting Patients and Caregivers		
We could use new ideas to help keep patients motivated and resilient.	4a: Provide consistent patient and caregiver training while honoring individual needs.	My Choice, Home Dialysis (video)
We could use ideas to break down barriers related to home dialysis.	4b. Identify and proactively address barriers.	Understanding Peritoneal Dialysis (PD) as an Option
We would like to empower current patients by sharing their lived experiences with others.	4c. Recognize and support patient and family psychosocial needs.	ESRD NCC Peer Mentoring Program Home Dialysis Heroes

Visit the ESRD NCC at www.esrdncc.org for more patient and professional resources.