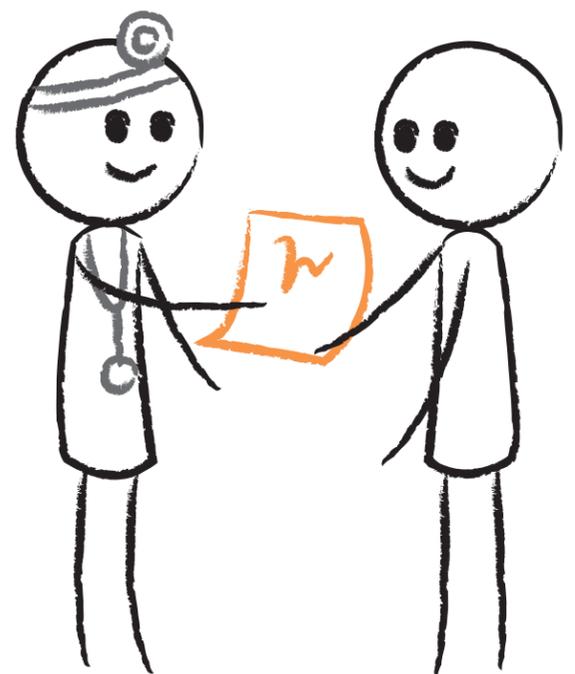


## Helping Your Patients Understand their Home Dialysis Options

Today, you may discuss home dialysis options with your patients. They may not understand why they are being introduced to home dialysis and how it can help them to live a healthier life.

### Take the time to explain that :

- You want them to be the healthiest they can be.
- You want them to be able take control of their dialysis treatment which will allow them to spend more time with their family and friends.
- You want them to eat more of the foods they enjoy more often.



### When you're explaining the options:

- Don't rush the conversation.
- Speak in layman's terms. Do not use medical jargon.
- Acknowledge the patient's feelings.
- Make sure the patient understands his or her options and leave time for questions.

***Help Your Patient Take Charge of their Healthcare***



Created by Patients for Patients

Visit [www.esrdncc.org](http://www.esrdncc.org) for additional home dialysis resources.

